

# language learning tips

Language learning have you feeling stressed? Implement these easy steps to give yourself a boost along your language learning journey!

- 1 Create attainable goals**  
Consider starting with a modest XP goal to build the habit of daily practice.
- 2 Consider word frequency**  
Learn the most common words first, to give yourself more opportunities to apply your skills in real life.
- 3 Practice, practice, practice**  
Get out there! Put your skills to the test by ordering from a restaurant or writing a pen pal.

